

## PSHE Whole School Overview 2023 – 2024

Year Group Half Term	Autumn 1 6 weeks	Autumn 2 9 weeks	Spring 1 6 weeks	Spring 2 4 weeks	Summer 1 7 weeks	Summer 2 6 weeks
Pre - School Teacher Led & Child Initiated	<p>The implementation of PSHE is interwoven into all elements of the EYFS in each term. Pre School Teacher has access to the EYFS Cambridgeshire Framework if needed for support.</p> <p><b>Building relationships</b> - Short PSHE sessions focusing on celebrating difference and building relationships. Dialogic stories and circle time. Planned opportunities for collaborative learning and positive play in Continuous Provision.</p> <p><b>Managing self</b> - Dialogic stories and circle time. Calm time, individual behaviour charts and rewards.</p> <p><b>Self-regulation</b> - PSHE theme learning about ourselves, our families, our community and our feelings. Dialogic stories and circle time. Calm time – mindfulness, yoga and massage.</p>					
EYFS Teacher Led & Child Initiated	<p>The implementation of PSHE is interwoven into all elements of the EYFS in each term. EYFS Teacher may dip into the Cambridgeshire Framework when necessary and cover units in short carpet sessions and planned provision activities. Units can be covered whenever the EYFS Teacher chooses necessary/fits in with current learning or is an opportunity arises in play.</p> <p><b>Building relationships</b> - Short PSHE sessions focused on learning about ourselves and their feelings. Circle time and calm time. Modelling sharing, turn taking and negotiating in play.</p> <p><b>Managing self</b> – Circle time and calm time. Merit charts. Superhero certificates.</p> <p><b>Self-regulation</b> - Short PSHE sessions focused on celebrating difference and building relationships. Circle time. Positive play and social skills groups. Planned opportunities for collaborative learning in Continuous Provision.</p>					
1 7 units of work	<b>Citizenship</b> <ul style="list-style-type: none"> <li>Rights, Rules and Responsibilities (RR12)</li> <li>Working together (WT12)</li> </ul>	<b>Myself &amp; My Relationships</b> <ul style="list-style-type: none"> <li>Family and Friends (FF12)</li> </ul>	<b>Healthy &amp; Safer Lifestyles</b> <ul style="list-style-type: none"> <li>Managing Safety &amp; Risk (MSR12)</li> </ul>	<b>Healthy &amp; Safer Lifestyles</b> <ul style="list-style-type: none"> <li>Healthy Lifestyles (HL12)</li> </ul>	<b>Healthy &amp; Safer Lifestyles</b> <ul style="list-style-type: none"> <li>Relationships &amp; Sex Ed (RS1)</li> </ul>	<b>Myself &amp; My Relationships</b> <ul style="list-style-type: none"> <li>My Emotions (ME12)</li> </ul>
2 7 units of work	<b>Citizenship</b> <ul style="list-style-type: none"> <li>Diversity and Communities (DC12)</li> </ul>	<b>Myself &amp; My Relationships</b> <ul style="list-style-type: none"> <li>Beginning and Belonging (BB12)</li> <li>Anti - Bullying (AB12)</li> </ul>	<b>Healthy &amp; Safer Lifestyles</b> <ul style="list-style-type: none"> <li>Personal Safety (PS12)</li> </ul>	<b>Healthy &amp; Safer Lifestyles</b> <ul style="list-style-type: none"> <li>Drug Education (DE12)</li> </ul>	<b>Healthy &amp; Safer Lifestyles</b> <ul style="list-style-type: none"> <li>Relationships &amp; Sex Ed (RS2)</li> </ul>	<b>Myself &amp; My Relationships</b> <ul style="list-style-type: none"> <li>Managing Change (MC12)</li> </ul>
3 7 units of work	<b>Citizenship</b> <ul style="list-style-type: none"> <li>Rights, Rules and Responsibilities (RR34)</li> </ul>	<b>Myself &amp; My Relationships</b> <ul style="list-style-type: none"> <li>Anti - Bullying (AB34)</li> </ul>	<b>Citizenship</b> <ul style="list-style-type: none"> <li>Diversity and Communities (DC34)</li> </ul>	<b>Healthy &amp; Safer Lifestyles</b> <ul style="list-style-type: none"> <li>Healthy Lifestyles (HL34)</li> <li>Managing Safety &amp; Risk (MSR34)</li> </ul>	<b>Healthy &amp; Safer Lifestyles</b> <ul style="list-style-type: none"> <li>Relationships &amp; Sex Ed (RS3)</li> </ul>	<b>Myself &amp; My Relationships</b> <ul style="list-style-type: none"> <li>My Emotions (ME34)</li> </ul>
4 7 units of work	<b>Citizenship</b> <ul style="list-style-type: none"> <li>Working Together (WT34)</li> </ul>	<b>Myself &amp; My Relationships</b> <ul style="list-style-type: none"> <li>Beginning and Belonging (BB34)</li> <li>Family and Friends (FF34)</li> </ul>	<b>Healthy &amp; Safer Lifestyles</b> <ul style="list-style-type: none"> <li>Personal Safety (PS34)</li> </ul>	<b>Healthy &amp; Safer Lifestyles</b> <ul style="list-style-type: none"> <li>Drug Education (DE34)</li> </ul>	<b>Healthy &amp; Safer Lifestyles</b> <ul style="list-style-type: none"> <li>Relationships &amp; Sex Ed (RS4)</li> </ul>	<b>Myself &amp; My Relationships</b> <ul style="list-style-type: none"> <li>Managing Change (MC34)</li> </ul>
5 7 units of work	<b>Citizenship</b> <ul style="list-style-type: none"> <li>Rights, Rules and Responsibilities (RR56)</li> </ul>	<b>Myself &amp; My Relationships</b> <ul style="list-style-type: none"> <li>Anti - Bullying (AB56)</li> <li>Family and Friends (FF56)</li> </ul>	<b>Healthy &amp; Safer Lifestyles</b> <ul style="list-style-type: none"> <li>Personal Safety (PS56)</li> </ul>	<b>Healthy &amp; Safer Lifestyles</b> <ul style="list-style-type: none"> <li>Healthy Lifestyles (HL56)</li> </ul>	<b>Healthy &amp; Safer Lifestyles</b> <ul style="list-style-type: none"> <li>Relationships &amp; Sex Ed (RS5)</li> </ul>	<b>Healthy &amp; Safer Lifestyles</b> <ul style="list-style-type: none"> <li>Drug Education (DE56)</li> </ul>
6 7 units of work	<b>Citizenship</b> <ul style="list-style-type: none"> <li>Diversity and Communities (DC56)</li> </ul>	<b>Myself &amp; My Relationships</b> <ul style="list-style-type: none"> <li>Beginning and Belonging (BB56)</li> </ul>	<b>Citizenship</b> <ul style="list-style-type: none"> <li>Working Together (WT56)</li> </ul>	<b>Healthy &amp; Safer Lifestyles</b> <ul style="list-style-type: none"> <li>Managing Safety &amp; Risk (MSR56)</li> </ul>	<b>Healthy &amp; Safer Lifestyles</b> <ul style="list-style-type: none"> <li>Relationships &amp; Sex Ed (RS6)</li> </ul>	<b>Myself &amp; My Relationships</b> <ul style="list-style-type: none"> <li>Managing Change (MC56)</li> <li>My Emotions (ME56)</li> </ul>
Ongoing in all year groups	<p style="text-align: center;"><b>Economic Wellbeing - Financial Capability</b></p> <p style="text-align: center;">Teachers to ensure that through the events below, their year group questions are answered for coverage. For example, Enterprise Week, Fairtrade Fortnight, Charity Fundraisers, MSA Events, Christmas Fayre, Summer Fayre, School Council.</p>					
	<p style="text-align: center;"><b>Healthy &amp; Safer Lifestyles – Digital Lifestyles</b></p> <p style="text-align: center;">Teachers to ensure that their year groups questions are covered throughout the year. This is also covered through Computing units of work and themed days/weeks (e-safety).</p>					